

INTENSITY IN THE HEART

*“I will meditate in thy precepts”
(Ps. 119:15).*

“The Hebrew word for ‘meditate’ means to be intense in the mind. Meditation without reading is wrong and bound to err. Reading without meditation is barren and fruitless.” —Thomas Watson

“We must read the Book thoughtfully. Thoughtfulness is in danger of being a lost art. Newspapers are so numerous and literature so abundant that we are becoming a bright but not a thoughtful people. Often the stream is very wide, but has no depth. Fight shallowness. Insist on reading thoughtfully. A very suggestive word in the Bible for this is ‘meditate.’ Run through and pick out this word with its variations. The word underneath that English word means to mutter, as though a man were repeating something over and over again, as he turned it over in his mind. We have another word with the same meaning, not much used now—‘ruminate.’ We call a cow a ruminant because she chews the cud. She will spend hours chewing the cud, and then give us the rich milk and cream and butter which she has extracted from her food. That is the word here—ruminate. Chew the cud, if you would get the richest cream and butter here.

And it is remarkable how much chewing this Book of God will stand in comparison with other books.” —S. D. Gordon

“Without meditation reading is a waste of time and an indignity offered to the Word.” —Charles Spurgeon

“Think upon the Lord while you can, and He will think upon you when you can’t.” —Andrew Bonar

The best way to keep Satan’s thoughts out is to keep God’s thoughts in. “There is no place like the feet of Jesus for resolving the problems that perplex our hearts.” —G. B. Duncan

Taken from ***Deep Fire: Daily Challenges for a Burning Heart*** compiled by Harold Vaughan