

*Sweet*  
HOUR  
OF  
PRAYER

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“Could you not watch  
with me one hour?”

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# How to use this *Sweet Hour of Prayer* Spiritual Preparation Guide

1. Set a specific time and a quiet place to work through the Sweet Hour of Prayer.
2. Use the Sweet Hour of Prayer along with your Bible. As you read through the pages, remember you are in the presence of God.
3. Answer the questions and follow the suggestions.
4. It will take about one hour to read and pray through this guide.
5. **DON'T TAKE ANY SHORTCUTS!** It is more meaningful to put forth the effort and have the privacy needed to examine yourself.

*We are praying for revival.  
Revival needs to begin in ME.*

*I must be willing to lay my life, my time, my talents, my money—all that I am, and all that I have on God's altar. The power of the Holy Spirit is the only sufficient power.*

## **God is able:**

- to forgive every sin,
- to cleanse every stain,
- to save any sinner,
- to overcome all doubts,
- to quiet every fear,
- to meet every need,
- to use His people in soul-winning,
- to bless His people with revival,
- to give **VICTORY!**

Revival comes FROM God TO His people. Bible study, praise, prayer, soul-searching, confession of sin, repentance, emptying of self—these make ready for the filling with the Holy Spirit. Am I willing to be filled with the Spirit? Have I faith enough just to let God do with me as He wills?

## 1. WORSHIP

Spend time praising the Lord.

Suggested Bible readings: PSALM 95 AND 96;  
JOHN 4:24; ISAIAH 6:1-8

## 2. PRAISE

Thank Him for blessings you have received.

Four-fold reason for praise: I Peter 2:9

## 3. CONFESS

Read: Proverbs 28:13; I John 1:8-9; Psalm 51:1-16

Three kinds of sins which we must confess:

1. Private—sins against God alone, must be confessed to God alone.
2. Personal—sins against others. There can be no peace until these sins are confessed to God. AS GOD LEADS, you will need to confess to the person you have wronged. You must make an effort to restore disturbed fellowship.
3. Public—sins against the church, the body of Christ, such as: Gossip—tale bearing; neglect of duty; wrongful attitudes.

You can name many others.

If these sins are not confessed, you cannot be filled with the Holy Spirit.

There must be:

1. cleansing...then filling
2. preparing...then interceding
3. yielding...then receiving
4. asking...then praising
5. empowering...then witnessing

Here—alone with God:

1. Take time to examine your own heart.
2. Consider each question.
3. Let God guide you.
4. Confess every sin and ask God's forgiveness.

REMEMBER: "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." (I John 1:9)

"If we say we have no sin, we deceive ourselves, and the truth is not in us." (I John 1:8)

# *I am here—al*

Am I really concerned about revival?

Am I willing to pay the price for personal revival?

Am I willing to do anything God wants me to do?

Is God FIRST in my plans?

Am I sinning the sin of prayerlessness?

Have I neglected the Word of God?

Have I forgiven everyone?

Is all resentment out of my heart?

Am I willing to ask forgiveness from those I have wronged?

Am I impatient?

Am I irritable?

Am I offended easily?

Do my “hurt feelings” keep me from serving God?

Do I get angry?

Do I bear grudges?

Do I “blow up”?

Do I “swell up” with resentment?

Do I have enmity toward anyone?

Am I willing—here and now—to ask God to help me put it out of my heart? (Matthew 6:12-15 and 18:21-35; Luke 6:27-37)

Have I, in any way, been dishonest with God?

Have I been dishonest with my church?

Have I broken any promise or pledge made to God or to His church? my family?

Since my emergency or crisis is past, have I kept the promises I made in prayer?

# *alone with God!*

Am I dishonest with others?

Do I try to leave a wrong impression if I can do it without really telling a lie?

What about covetousness?

Am I too concerned about THINGS?

Have I sought material blessings more than SPIRITUAL blessings?

Is there anything in my life that I would be unwilling to give up for Christ?

Do I deny myself daily to follow Jesus?

Have I paid all my debts to others?

Do I have anything in my possession that does not RIGHTLY belong to me?

Do I have any habit which I should forsake?

Have I asked God's help?

Is there jealousy in my heart?

Do I have sinful pride in my heart?

Have I wronged anyone and failed to make restitution?

Can I keep a secret?

Is the reputation of another safe in my hands?

Have I been a tale-bearer or a gossip?

Have I hurt someone—or my church—by needless talk about someone's faults?

Even if it was true—did I glorify my Lord by telling it?

Did I pray for those involved?

Is my mind HONEST and CLEAN in the sight of God?

Are my thoughts PURE?

Am I faithful to my wedding vows—in DEED?  
in THOUGHT?

Is my home a testimony for Jesus?

Am I willing and ready to forgive any wrong  
against me or against my family?

Do I have any SECRET SIN that I excuse, but  
should forsake?

Have I forgiven those who have talked about  
me?

Those who have talked about my loved ones?

Do I have a right attitude toward my fellow  
church members?

Do I have a right attitude toward leaders in the  
church?

Does my pastor KNOW that he can count on me?

Have I honestly tried to be a good witness for  
Christ today?

Have I worried or been over-anxious about  
things over which I have no control?

Did I fret?

Did I complain?

Am I guilty of the sin of unbelief?

Do I really believe in the power of God to:

- Cleanse ANY sinner?
- Change ANY life?
- Take care of ANY situation?
- Guide ME in my decisions?



# Remember Now the Marvelous Grace of God

He has promised to forgive every sin confessed to Him! Isaiah 1:18, 44:21-22; Hebrews 8:12, 10:17; I John 1:7-9

**THANK GOD FOR FORGIVING YOU!**

Praise Him for His grace.

## **4. PRAY**

**For yourself**—for cleansing, for strength, and for courage to forsake the sins confessed.

Ask God to fill you with the Holy Spirit.

Trust Him—fear not!

Surrender all—self-will, ambition, desires, plans, hopes, times, talents, ALL. Put all in His hand.

You are giving yourself to the Lord Jesus who loves you—Jesus who knows you—your past, your future, all about you!

His way is best for you.

### **Pray for your family—**

Ask God's guidance in your home.

Ask God's blessing in your home.

### **Pray for your church—**

Your pastor and other leaders. Pray for weak members. Pray for unity and love in the church.

Be sure you are a helper—not a problem.

Pray for the unsaved.

Ask God to burden you for individuals—and to use you to reach them.

Thank the Lord for the wonderful privilege of entering His presence because of the finished work of Christ on the cross.



To order additional copies of this pamphlet, or view a host of other revival resources, contact:

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PRAYER

**ADVANCE**



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