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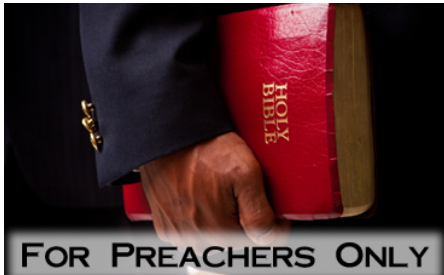


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# Dimensions in Prayer Guide

*"Let us search and try our ways,  
and turn again to the Lord."*

(Lamentations 3:40)

Prayer is:

- first and foremost a heart issue.
- verbal communication from man to God.
- is a force that touches all areas of life.

For the next hour, slowly pray your way through the practical dimensions listed in this guide. Look up each scripture and invite God to speak to you.





## Vertical Dimension

*He that covereth his sins shall not prosper: but whoso confesseth and forsaketh them shall have mercy. Proverbs 28:13*

Before you can recover, you must first uncover any sin you have been hiding.

Don't merely read this guide; pray out loud about these questions and each issue.

### Salvation:

- Have I ever turned from sin and placed my faith in Christ alone for my salvation? **Yes or No**
- Can I sin and get away with it? **Yes or No**
- Am I convicted and chastised when I sin? **Yes or No**
- Do I have the inner witness of God's Spirit that assures me I am a new creature in Christ? **Yes or No**
- If you are uncertain of your salvation, cry out and tell God you are at this moment trusting Jesus' shed blood for forgiveness of your sins.

### God's Word and Prayer:

- Do I read the Bible every day? **Yes or No**
- How much time do I spend in the Word daily:
  - None  15 minutes
  - 5 minutes  Other
- Do I meditate on the Word? **Yes or No**
- Do I pray every day? **Yes or No**
- Do I pray and sing Scripture to the Lord? **Yes or No**
- Are my prayers:
  - meaningful  empty words
  - vain repetitions  out of duty
- How much time do I spend in heart-felt prayer every day? \_\_\_\_\_
- When was the last time I prayed for something only God could fulfill, and got it?
  - Hours  Days
  - Weeks  Years
- When did I last receive a specific answer to prayer:
  - Hours  Days
  - Weeks  Years
- What specific prayer was answered? \_\_\_\_\_

### Values:

- Do I ever sacrifice my honesty and purity in order to get ahead? **Yes or No**
- Am I in love with the world? (philosophy, associates, standards, media, dress, etc.) **Yes or No**

- Do I strongly desire to have many crowns to cast at Jesus' feet? **Yes or No**
- Am I a consistent witness? **Yes or No**
- The last three people I verbally witnessed to are (by name):
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
- I sense a burden for and need to witness to the following individuals:
  1. \_\_\_\_\_
  2. \_\_\_\_\_
  3. \_\_\_\_\_
  4. \_\_\_\_\_



## Corporate Dimension

What can I do today to minister to someone in need? \_\_\_\_\_

Who can I encourage in my church? \_\_\_\_\_

Do I need to seek an accountability partner? **Yes or No**

Who can I approach for accountability? \_\_\_\_\_

How can I minister to my pastor and his family? \_\_\_\_\_

What testimony do I need to share with my group tonight? \_\_\_\_\_

What can I do to be a blessing to my prayer group? \_\_\_\_\_

*Blessed is he whose transgression is forgiven, whose sin is covered. Blessed is the man unto whom the LORD imputeth not iniquity, and in whose spirit there is no guile.*

*Psalms 32:1-2*

Thank the Lord for the wonderful privilege of entering His presence because of Christ's finished work.

Rejoice in the Lord!

- Do I find pleasure in yielding to every authority in my life (husband, parents, pastor, and employer)? **Yes or No**
- Am I a good example in my home? (1 Tim 4:12) **Yes or No**
- MEN—Are you leading your home? **Yes or No**
- Do I love my spouse like Christ loves the church? (Eph. 5:25) **Yes or No**
- WIVES—Are submissive to your husband? (Eph. 5:22) **Yes or No**
- Do I respect my spouse? (Eph. 5:21) **Yes or No**
- CHILDREN—Do you honor your parents? (Eph. 6:1-3) **Yes or No**
- Am I on proper terms with others? (Ro. 12:18)
  - ◆ Family
    - Spouse
    - Children
    - Parents
    - Siblings
  - Friends
  - Church
  - Coworkers
  - Enemies
- Do I really love people (family, fellow believers, unsaved, enemies)? **Yes or No**



## Eternal Dimension

### Priorities:

- The first four priorities in my daily life, by order of importance, are:
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- Are God, family, and serving others on my list? **Yes or No**
- Is my value system: \_\_\_ temporal or \_\_\_ eternal?
- Have I taken up my cross and followed Christ (Luk. 9:23) **Yes or No**
- List three sacrifices I have made for Christ (family, time, financial, etc.)
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
- What have I done in the last two weeks to meet the needs of my Christian brothers and sisters? \_\_\_\_\_
- Am I willing to pay any price to please the Lord and fulfill His conditions for revival (family, job, reputation, finances, etc.)? **Yes or No**

### Soulwinning:

- Am I laying up treasure in heaven? **Yes or No**

- Do I have a pure heart? **Yes or No**
- Am I self-centered? **Yes or No**
- Do I esteem others better than myself? **Yes or No**
- Do I obey God instantly, completely, and with a proper attitude? **Yes or No**
- Do I love what God loves and hate what God hates? **Yes or No**
- Am I hurt by the things that hurt the Lord? **Yes or No**
- Am I willing to give up all sin for God? **Yes or No**

### Sins of the Spirit:

Scriptures to read: (Ps. 66:18; Ps. 139:23-24)

- Ask the Holy Spirit to reveal every sin...
- Confess each sin specifically...
- Which of the following do I need to confess and forsake?
 

<input type="checkbox"/> Anger	<input type="checkbox"/> Idolatry
<input type="checkbox"/> Bitterness	<input type="checkbox"/> Inordinate affection (lust)
<input type="checkbox"/> Concupiscence (over desire)	<input type="checkbox"/> Insecurity
<input type="checkbox"/> Covetousness	<input type="checkbox"/> Jealousy
<input type="checkbox"/> Deceit	<input type="checkbox"/> Lover of money
<input type="checkbox"/> Despiteful	<input type="checkbox"/> Lust
<input type="checkbox"/> Dishonest	<input type="checkbox"/> Malignity (bad character)
<input type="checkbox"/> Dishonoring parents	<input type="checkbox"/> Pride
<input type="checkbox"/> Doubt/unbelief	<input type="checkbox"/> Reviler
<input type="checkbox"/> Effeminate	<input type="checkbox"/> Sedition (division)
<input type="checkbox"/> Envy	<input type="checkbox"/> Unbelief
<input type="checkbox"/> Evil thoughts	<input type="checkbox"/> Uncleaness
<input type="checkbox"/> Fear	<input type="checkbox"/> Unethical
<input type="checkbox"/> Foolishness	<input type="checkbox"/> Unforgiving
<input type="checkbox"/> Haters of God	<input type="checkbox"/> Unmerciful
<input type="checkbox"/> Hatred	<input type="checkbox"/> Wickedness
<input type="checkbox"/> Heresies (factions, disunity)	<input type="checkbox"/> Worry
<input type="checkbox"/> Hypocrisy	



## External Dimension

### Sins of the Flesh:

The flesh can manifest itself in unrighteousness or self-righteousness. Listed below is a partial listing of sins of the flesh:

- |                                     |   |
|-------------------------------------|---|
| <input type="checkbox"/> Adultery   | <input type="checkbox"/> Covenant breaking      |
| <input type="checkbox"/> Backbiting | <input type="checkbox"/> Debate (quarrelling)   |
| <input type="checkbox"/> Blasphemy  | <input type="checkbox"/> Disobedient to parents |
| <input type="checkbox"/> Boasting   | <input type="checkbox"/> Drunkenness            |

- |  |  |
|--|--|
| <input type="checkbox"/> Extortion                     | <input type="checkbox"/> Lord's name in vain |
| <input type="checkbox"/> Filthy communication          | <input type="checkbox"/> Lying               |
| <input type="checkbox"/> Fornication                   | <input type="checkbox"/> Maliciousness       |
| <input type="checkbox"/> Gossip                        | <input type="checkbox"/> Occult activity     |
| <input type="checkbox"/> Heresies (factions, disunity) | <input type="checkbox"/> Pornography         |
| <input type="checkbox"/> Homosexuality                 | <input type="checkbox"/> Reveling (rioting)  |
| <input type="checkbox"/> Idolatry                      | <input type="checkbox"/> Self abuse          |
| <input type="checkbox"/> Implacable (truce breaking)   | <input type="checkbox"/> Strife              |
| <input type="checkbox"/> Iniquity (law breaking)       | <input type="checkbox"/> Thievery            |
| <input type="checkbox"/> Inventor of evil things       | <input type="checkbox"/> Uncleaness          |
| <input type="checkbox"/> Jesting                       | <input type="checkbox"/> Whisperers          |
| <input type="checkbox"/> Killing                       | <input type="checkbox"/> Witchcraft          |

Remember that God is *"faithful and just to forgive us our sins"* whenever we confess. Spend time now thanking God for His forgiveness and mercy. Sins confessed are sins forgiven. THANK HIM NOW!



## Internal Dimension

- What motivates me the most?
 

___ Culture	or	___ Christ
___ Peers	or	___ Principles from the Word
___ Material things	or	___ Ministering to others
___ Fear of man	or	___ The fear of God
___ Favor of men	or	___ The favor of God
- What is more important?
 

___ Service or ___ Success	___ Ministering or ___ "the ministry"
___ Time or ___ Eternity	
___ People or ___ "the program"	
- What gets more of my free time:
 

<input type="checkbox"/> Technology (computers, texting, etc.)	<input type="checkbox"/> Recreation
<input type="checkbox"/> T.V.	<input type="checkbox"/> Prayer and study
<input type="checkbox"/> Service	
- Where do I invest my financial resources:
 

<input type="checkbox"/> Hobbies	<input type="checkbox"/> Pets
<input type="checkbox"/> Socializing	<input type="checkbox"/> Music
<input type="checkbox"/> God's work	
- Am I allowing Jesus to be the center of every area of my life? **Yes or No**  
If not, what areas is He not dominating? \_\_\_\_\_
- Do I love Jesus Christ with all my heart? **Yes or No**
- Am I obsessed with the Lord Jesus Christ? **Yes or No**

- Am I in the habit of thanking God daily? (Ps. 100:4) **Yes or No**
- Am I living "in faith," or just biding my time to see what happens next?
- Is unbelief my besetting sin? **Yes or No**
- What sins do I struggle with the most?
 

<input type="checkbox"/> Unbelief	<input type="checkbox"/> Pride
<input type="checkbox"/> Sins of the flesh	<input type="checkbox"/> Sins of the spirit (attitudes)

## Holy Spirit:

- Do I live in daily dependence upon the Spirit within? **Yes or No**
- Is the fruit of the Spirit evident in my life (Gal. 5:22-23):
 

<input type="checkbox"/> Love	<input type="checkbox"/> Joy
<input type="checkbox"/> Peace	<input type="checkbox"/> Longsuffering
<input type="checkbox"/> Gentleness	<input type="checkbox"/> Goodness
<input type="checkbox"/> Faith	<input type="checkbox"/> Meekness
<input type="checkbox"/> Temperance	
- Am I *"filled"* (controlled by) with the Holy Spirit now? **Yes or No**  
If not, you can be filled NOW!
  - ◆ Confess the sin of not being filled (Eph. 5:18).
  - ◆ Ask God to fill you now (Lk. 11:13).
  - ◆ By faith, thank God for a fresh filling of the Spirit (Eph. 5:20).

## Forgiveness:

- Am I harboring any unforgiveness in my heart? (Eph. 4:32) **Yes or No**  
If so, who is it against? \_\_\_\_\_  
Will you release those debts right now? **Yes or No**



## Horizontal Dimension

Scriptures to consider:

*"Love one another"* (Jn. 15:12)

*"Serve one another"* (Gal. 5:13)

*"Forgiving one another"* (Eph. 4:32)

*"Comfort one another"* (1 Thes. 4:18)

*"Exhort one another"* (Heb. 3:13)

*"Pray one for another"* (Ja. 5:16)

- Do I show gratitude to others? **Yes or No**
- Do I esteem others better than myself? **Yes or No**
- Can I say I never exaggerate? **Yes or No**
- Do I ever lie, mislead, or misrepresent? **Yes or No**
- Why do I lie:
 

<input type="checkbox"/> To gain a benefit	<input type="checkbox"/> To escape a punishment
<input type="checkbox"/> To avoid exposure	<input type="checkbox"/> To appear better in the sight of men